

Become a Grandmentor  
and help a young person

Guidance

Reach their  
GOALS

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As a **grandmentor**  
you could help  
change the life of  
a young person

**Grandmentors**  
use your experience  
to make a difference

### What does a grandmentor do?

A grandmentor:

- visits a young person regularly
- helps work towards goals
- builds relationships based on trust and mutual respect
- acts as a positive role model

Grandmentors have helped  
young people:

- find an apprenticeship
- get on a college course
- find work experience
- write application forms and CVs
- increase confidence & self-esteem

For more information contact  
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Grandmentors is an innovative project harnessing the energy and experience of older volunteers (50+) to support young people to find work, stay on in education or take up training.

Many young people we support don't have positive adult role models, others lack direction and some have been in trouble with the police.

We work in Islington, Hackney and Camden.

### What support do grandmentors receive?

- initial and on-going training
- individual support from the project manager
- regular group support from other mentors
- travel and out-of-pocket expenses

